

Ellie Inspired



Preemie Swaddler

For infants 0-7lbs.

Designed by Laura Johnson © 2011





Ryan Scott
1 lb 9oz
12 in



Ashley Morgan
1 lb 2oz
8 in

Created for my sweet cousins, Ryan and Ashley. Though they were born tiny, their will and courage is mighty. I'm so proud of both of them!

Cutting out your Fabric

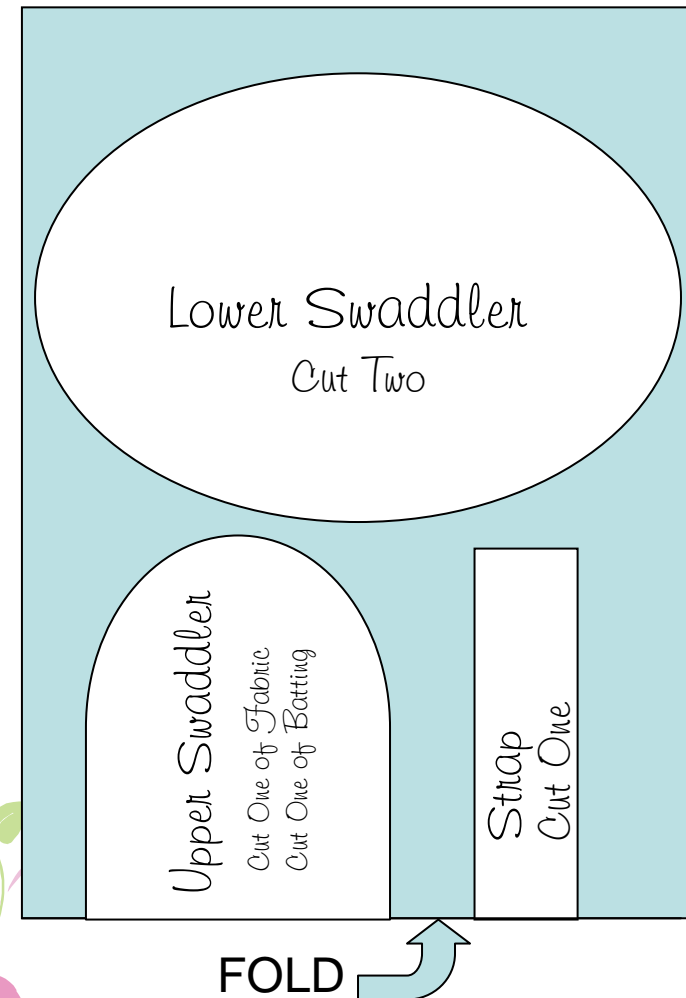
1. You will need $\frac{1}{2}$ yard of fleece to make ONE preemie swaddler.
2. Print off pages 7-10 and assemble per the diagram on page 7. Tape the pages together and cut out the three pattern pieces.
3. Lay the pieces on the fabric as shown to the right and cut out each piece.

****NOTE:** All seams in this pattern are $\frac{1}{4}$ ".



Solid Areas – Wrong Side

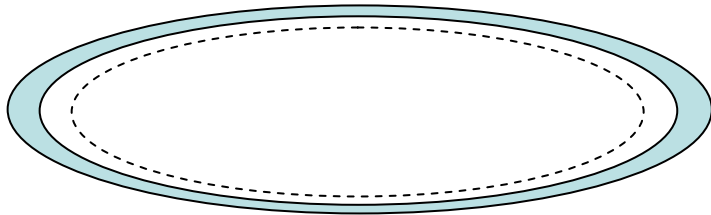
Patterned Areas – Right Side



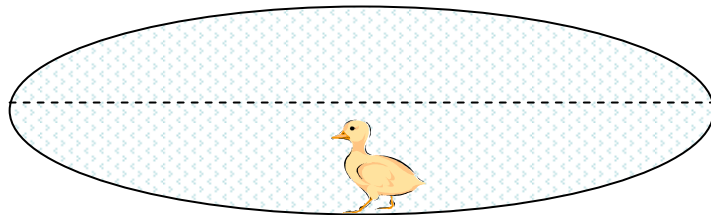


Sewing the Upper Swaddler

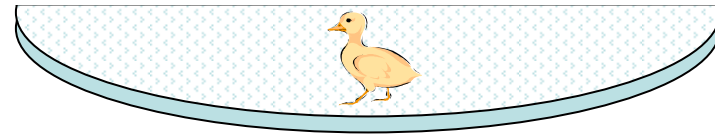
1. Baste the batting to the wrong side of the Upper Swaddler.



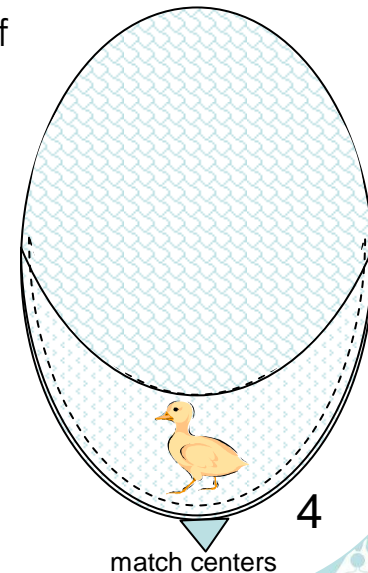
2. Complete any optional embroidery or embellishments on the lower half of the Upper Swaddler.



3. Fold the Upper Swaddler in half on the fold line, wrong sides together.



4. Pin to the bottom of one of the Lower Swaddler pieces, with the raw edges together. Baste in place. (Match centers at bottom.)



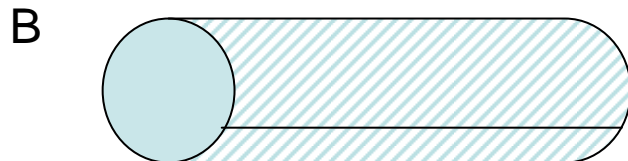
match centers

Sewing the Swaddler Strap

1. Fold the Swaddler Strap in half on the fold line, right sides together.



2. Stitch around the long open edge and one short end. (A) Trim seam allowance and turn right sides out. (B)



3. Stitch any trim, ribbon, or embellishments to the top of the strap at this time.



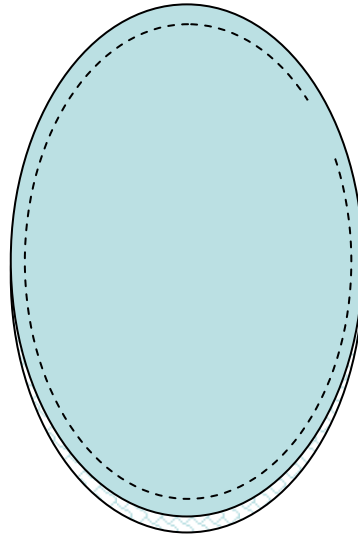
4. Pin to the left side of the Lower Swaddler, right above the Upper Swaddler. Baste in place.





Finishing the Swaddler

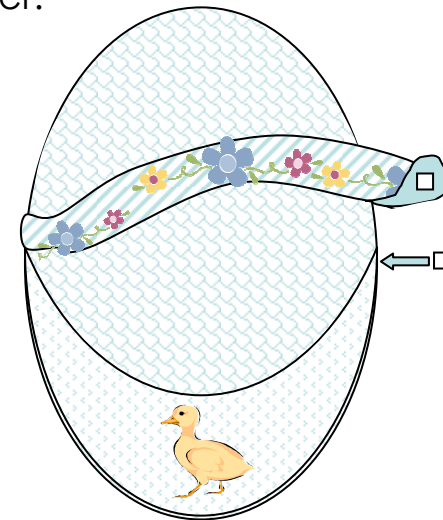
1. Place the right side of the remaining Lower Swaddler piece to the right side of the other Lower Swaddler. Pin in place all around the edges. (Make sure the right side of the Swaddler Strap is not caught in the pins.)



2. Stitch all around the Swaddler, leaving a 4" opening on one of the sides to turn it right side out. Trim seam allowance and turn right sides out.

3. Hand-stitch the opening closed.

4. Stitch a 1" square of velcro on the bottom of the Swaddler Strap. Stitch the corresponding square to the side of the swaddler.



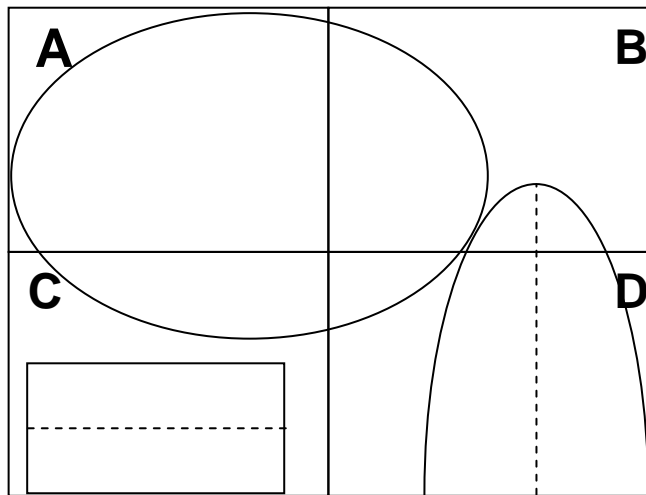
A



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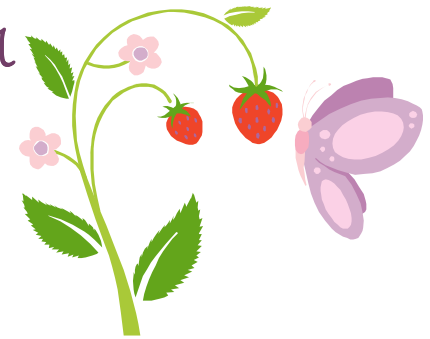
Tape together the pieces as shown below for the bodice pattern:



Preemie Swaddler

Lower Swaddler

Cut Two



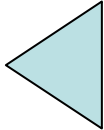
B



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Center



C



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Preemie Swaddler
Swaddler Strap

Cut One



FOLD LINE

PLACE ON FOLD



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Preemie Swaddler

Upper Swaddler

Cut One of Fabric
Cut One of Batting



FOLD LINE



Center

PLACE ON FOLD

10

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